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8 Disrupted sexual cycles in female grass carp (Ctenopharyngodon idella) raised
9 under tropical conditions

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12 F. Glasser

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14 *INRA-SCRIBE, campus de Beaulieu, 35 042 Rennes cedex, France.*15 *Tel: (33) 2 23 48 50 02, fax: (33) 2 23 48 50 20, glasser@beaulieu.rennes.inra.fr*

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2 **Abstract**

3 In Côte d'Ivoire, grass carp (*Ctenopharyngodon idella*) has been integrated in the
4 tilapia-based polyculture in order to increase pond productivity. In the tropical
5 conditions prevailing there, female cycles seemed disrupted. We described
6 oogenesis in these conditions using histological observations, monitoring of
7 individual cycles with intraovarian biopsies, endocrinological monitoring
8 (development of a specific ELISA for vitellogenin (Vg), measurement of
9 plasmatic oestradiol-17 β (E2) and testosterone) and comparison with grass carp
10 raised in Poland. We stated that oogenesis was interrupted in all females at the
11 migrating germinal vesicle stage, precluding ovulation or spawning without
12 artificial induction. High rates of atypical post-vitellogenic oocytes (translucent,
13 not filled with yolk granules) were observed in some females. Female individual
14 cycles also displayed atypical features: cycles were sometimes (10% of females)
15 blocked at the beginning of vitellogenesis, for females displaying abnormally low
16 E2 (0.5 ng/ml) and Vg (27 μ g/ml) levels compared to "normal" females (1.4
17 ng/ml and 223 μ g/ml respectively). The duration of cycles was highly variable
18 among females (a few days to several weeks). The sexual cycles were
19 unsynchronised (all the ovarian stages could be found in all seasons) and the rate
20 of females at end of vitellogenesis was low (<40% most of the year). These
21 characteristics rise problems for artificial induction of spawning in small-scale
22 hatcheries: it requires a large stock of broodfish and regular checking of female
23 broodstock with intraovarian biopsies to detect responsive females.

24 **Keywords:** *Ctenopharyngodon idella*, vitellogenin, steroid, sexual cycle,
25 temperature

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2 **1 Introduction**

3 Small-scale aquaculture has developed in the rain forest areas of Côte d'Ivoire
4 (West Africa), based on tilapia farming in earthen ponds with organic fertilisation,
5 but is still confronted to agricultural by-products shortage. Grass carp
6 (Ctenopharyngodon idella) was introduced in the polyculture in order to control
7 weeds in ponds and increase pond productivity through supplemental feeding with
8 terrestrial grass (Pennisetum purpureum). Grass carp is widely used worldwide for
9 this purpose, and the growth performances are excellent in tropical areas. As its
10 natural reproduction only occurs in large rivers with precise requirements of
11 turbulence, current velocity, flow (Stanley et al., 1978), the only way to produce
12 fry for fish farming is artificial reproduction. In the small Ivorian farms, this
13 requires a good rate of mature brooders to induce spawning with reasonable
14 chances of success. Preliminary observations in Côte d'Ivoire showed that a
15 sufficient number of mature males could be found all the year round, whereas few
16 responsive females were found. Reproduction in fish is under control of both
17 external and internal factors (see for example reviews by Lam, 1983, and
18 Bromage et al., 2001): environmental characteristics such as temperature,
19 photoperiod, diet or social interactions are of great importance from
20 gametogenesis to spawning, which are controlled by internal factors mainly
21 involving the hypothalamus-hypophysis-gonad axis. This study was undertaken to
22 describe female sexual cycles and characterise their dynamic around the year
23 under "standard" Ivorian raising practices (small earthen pond, Pennisetum
24 purpureum feeding). We used histological and endocrinological data, and
25 comparison with fish raised in temperate zone (Poland).

1 **2 Materials and Methods**

2 ***2.1 Fish and structures***

3 Grass carps were maintained in small earthen ponds (350 m²) in Gagnoa
4 experimental station (Côte d'Ivoire, 5° N.). They were fed elephant grass
5 (Pennisetum purpureum). Fish were individually marked by Alcyan blue on fins.
6 For comparison purpose, grass carps from the Inland Fisheries Institute in
7 Zabieniec (Poland) were maintained for two weeks before normal breeding period
8 (early June) in tanks under controlled temperature conditions and natural
9 photoperiod. One group (n=16) was maintained at 24±1°C and the other at
10 28±1°C. All fish manipulations were made under anaesthesia with 2-
11 phenoxyethanol at 25 ppm.

12 ***2.2 Sexual cycle description***

13 Oocyte samples (obtained from intraovarian biopsies or from ovaries after killing)
14 were fixed with Bouin's fixative, dehydrated and paraffin sections were coloured
15 according to Heidenhain's azan method. Oocyte stages were determined and
16 correlated with oocyte diameter (calculated from perimeter measured by
17 Optimas®).

18 ***2.3 Sexual cycle monitoring***

19 Sexual development of females (n=15 to 50) was monitored for three years (1998-
20 2000) in Ivory Coast, by intraovarian biopsy at intervals from 10 days to one
21 month. Oocytes were put in NaCl 0.9% to avoid drying and 100 oocytes were
22 measured using stereomicroscope. Ovarian stages were then determined, based on
23 oocyte diameter distribution. Germinal vesicle position was determined on 50
24 post-vitellogenic oocytes cleared with Stockart's solution. Oocytes becoming
25 translucent in less than 3 min. following Stockart's solution introduction were

1 considered as atretic. Blood samples were collected with heparinized syringes,
2 then centrifuged and frozen at -20°C .

3 **2.4 Vitellogenin assay**

4 An enzyme-linked immunosorbent assay (ELISA) for grass carp vitellogenin (Vg)
5 was developed according to Mourot and Le Bail (1995). Briefly, Vg synthesis was
6 induced in male grass carp by oestradiol-17 β (E2) intraperitoneal injections (5
7 mg/kg). Blood was collected using heparinized syringes in the presence of
8 aprotinin, then centrifuged and frozen (-20°C). Vg was purified according to Tyler
9 and Sumpter (1990): plasma was first passed through a gel filtration Sepharose-
10 6B column in a 100 mM tris buffer. The vitellogenic fractions were identified by
11 SDS-PAGE and concentrated before ion exchange chromatography (DEAE). The
12 elution was performed with a NaCl gradient (range: 100 to 500 mM) in tris buffer.
13 Vitellogenic fractions were identified by SDS-PAGE. Vg was stored in
14 concentrated solution at -20°C . Specific antibodies were raised in rabbits by
15 subcutaneous injections of pounded SDS-PAGE bands diluted in Freund's
16 adjuvant. The specificity of antibody was assessed by immunohistochemistry,
17 according to a method adapted from Sternberger et al. (1970). The ELISA method
18 was based on competition between Vg coated in microplate wells and free Vg in
19 the samples. Dilution tests were performed using serial dilutions of coated Vg and
20 antibody. The best combination was determined as 100 ng/ml for the coating and
21 200 000 for antibody dilution. The assays were then performed according to
22 Mourot and Le Bail (1995). Antibodies linked to coated Vg were revealed by
23 peroxidase activity on o-phenylenediamine. Optical density was measured at 490
24 nm (Microplate autoreader EL 311, Bio-Tek Instruments).

1 **2.5 Steroid assays**

2 Plasmatic testosterone (T) and E2 levels were measured by radioimmunoassay
3 adapted from Terqui et al. (1973), following cyclohexane/ethylacetate extraction.
4 The radioactivity of immunoprecipitate was determined using scintillation fluid
5 (Instafluor Packard) in a Tri-Carb 2100 TR counter (Packard).

6 **2.6 Statistical analyses**

7 Means were compared using one-way ANOVA and comparison of means with
8 XXXX test. The accepted significance level was $\alpha=0.05$. All data are presented as
9 mean \pm SEM.

10 **3 Results**

11 **3.1 Ovarian stages**

12 From histological observations, the diameters of the different oocyte stages were
13 determined using Makeyeva and Yemel'yanova (1989) nomenclature (Table 1).
14 Based on these data and the diameter histograms obtained from binocular
15 observations, four ovarian stages were defined:

- 16 - previtellogenesis (PV): all diameters inferior to 400 μm , all oocytes in
17 previtellogenesis or beginning of cytoplasmic vacuolisation (equivalent to
18 stages 1 and 2 from Gupta, 1975).
- 19 - beginning of vitellogenesis (BV): most oocytes still in previtellogenic stage,
20 apparition of vitellogenic oocytes (vacuolisation, beginning of yolk
21 accumulation), less than 30% of all oocytes (stage 3 from Gupta, 1975).
- 22 - end of vitellogenesis (EV): bimodal repartition of oocyte diameters, with a
23 mode in previtellogenic stages and a mode in late vitellogenic oocytes
24 (diameter 700 to 1300 μm) corresponding to stage 4 from Gupta (1975).

1 - overripe (OR): late vitellogenic oocytes less numerous, large oocytes in
2 atresia, and presence of oocytes of all stages (a new batch is ripening). This
3 stage resembles stage 6 (partially spent ovary) from Gupta (1975), excepting
4 that there are no extruded ova.

5 Gupta's stage 5 (ripe ovary) with partial ovulation was never observed. No GVBD
6 was observed in grass carp ovaries: the most advanced stage was migrating
7 germinal vesicle. All EV ovaries contained some atretic oocytes (< 15%).

8 Atypical late vitellogenic oocytes were observed in some females: they exhibited
9 the same diameter as "normal" late vitellogenic oocytes, but were translucent
10 when observed with stereomicroscope. In histological sections, the inner part was
11 constituted by vesicles tainted in blue by Heidenhain's azan, contrary to the
12 "normal" ones, full of red yolk granules. They didn't exhibit any feature of atretic
13 follicles (membrane cleavage...). In these atypical oocytes, the yolk granules were
14 restricted to a layer at the periphery of the oocyte. Immunohistochemistry with
15 anti-Vg antibody showed a lesser affinity for these oocytes (see Figure 1).

16 No difference was observed in histological sections between normal vitellogenic
17 females from Côte d'Ivoire and females from Poland.

18 ***3.2 Individual sexual cycles***

19 The monitoring of ovarian stages of individual females performed during three
20 years (1998-2000) reveals a great variety of cycle characteristics. In the majority
21 of cases, the vitellogenesis lasted about 20 days. However, some females (around
22 10%) were blocked in BV stage for several weeks, and then went on with the
23 vitellogenesis or went back to PV. Duration of the EV stage was also highly
24 variable: some females stayed in this stage for several weeks, whereas other
25 became overripe within a few days. Neither progression of vesicle migration nor
26 evolution of post-vitellogenic oocyte diameters were observed in consecutive

1 biopsies of EV females. Females that were artificially induced to spawn with
2 pituitary extract resumed vitellogenesis a few days after induction, and one female
3 was successfully induced three times at one-month intervals.

4 ***3.3 Plasma hormone levels in relation to ovarian stages***

5 Vitellogenin and steroids contents were determined for 140 blood samples
6 representative of the different ovarian stages in Côte d'Ivoire, as well as for the 30
7 females from Poland. Table 2 displays analyses results.

8 Vg levels increased during vitellogenesis, from 7 to 742 $\mu\text{g/ml}$. There was no
9 diminution associated with the OR stage. Vg levels of grass carp from Poland
10 were lower, irrespective of temperature. There was a big difference between Vg
11 levels of females blocked in BV (27 $\mu\text{g/ml}$) and females that would undergo a
12 normal vitellogenesis (223 $\mu\text{g/ml}$).

13 E2 levels were low during PV, and then constantly high from BV to EV. Polish
14 females levels were lower than Ivorian ones, irrespective of temperature
15 conditioning. Here again, BV females displayed significantly lower levels when
16 they were blocked (0.5 ng/ml vs. 1.4 ng/ml).

17 T levels were more homogenous among ovarian stages: the only significant
18 differences laid between PV females in one hand and EV females from Ivory
19 Coast and Poland raised at 28°C in the other hand.

20 In EV females, no relationship was found between plasma characteristics and
21 germinal vesicle migration or atretic oocytes rate.

22 ***3.4 Population characteristics***

23 Observation of females at different seasons of the year showed the absence of
24 sexual synchronisation: all ovarian stages could be found all the year round. Most
25 of time, females in EV are in small proportion (5 to 43%), but higher rates were
26 observed at the end of the rainy season (October), reaching 68% in 2000. It was

1 impossible to identify a main recrudescence period, the higher number of
2 vitellogenic females at the end of rainy season being due to the fact that less
3 females became overripe during this season. In Poland, 90% of examined females,
4 irrespective of thermal conditioning, were in EV when checked at the beginning
5 of June.

6 **4 Discussion**

7 The oocyte stages described for cyprinids by Makeyeva and Yemel'yanova (1989)
8 and for grass carp by Chen et al. (1969) were found in Côte d'Ivoire, and the
9 associated diameters allowed to monitor individual cycles through intraovarian
10 biopsies. The vitellogenesis was of the "group synchronous" type (de Vlaming,
11 1983), as evidenced by the bimodal pattern of oocyte diameter repartition.
12 Presence of a small amount of atretic follicles in all EV females evoked a
13 continuous turnover of postvitellogenic oocytes, as did the absence of progression
14 in germinal vesicle migration in consecutive biopsies. Normal Ivorian females
15 exhibited histological figures identical to females from Poland at the end of
16 vitellogenesis. Steroid profiles displayed high variability among individuals in the
17 same ovarian stage, as already observed by Manning and Kime (1984) in common
18 carp, *Cyprinus carpio*. Mean E2 and T plasmatic levels were of the same order as
19 found in goldfish (Razani et al., 1988) *Gobio gobio* (Rinchart et al., 1993) or
20 common carp (Manning and Kime, 1984), but inferior to the goldfish levels in
21 Kagawa et al. (1983). The plasmatic levels associated with the different ovarian
22 stages were similar to the steroid profile in *Gobio gobio* (Rinchart et al., 1993),
23 except a drop in E2 content at the end of vitellogenesis that we did not observe in
24 our fish. Moreover, E2 levels of Ivorian females were superior to Polish females
25 ones. At the same stage (spawning), short photoperiod (12L:12D) in goldfish at
26 24°C decrease E2 level compared to 16L:8D (Razani et al., 1988). The effect of

1 photoperiod was thus unlikely in our case. Manning and Kime (1984) observe that
2 common carp plasmatic E2 level is lower at 24°C compared to 20°C, reflecting a
3 more advanced ovary stage. This could explain the higher E2 level of Ivorian
4 females: the oogenesis in Côte d'Ivoire was probably interrupted at a less
5 advanced stage compared to Poland (although the different genetic origin of the
6 two populations could also be responsible for this difference).

7 Atypical post-vitellogenic oocytes were observed in great number in some Ivorian
8 females. These females were identical to normal females for endocrinology
9 characteristics measured in our study, the only difference being a lesser affinity of
10 oocyte content for anti-Vg antibody. The histological feature of these oocytes was
11 totally different from atresia (no membrane fragmentation observed, no Vg at the
12 oocyte centre). We don't know any description of similar pattern in other fish
13 species. Histological figures evoked a vitellogenin incorporation problem, which
14 we could not confirm by other means.

15 Female individual cycles displayed atypical features: cycles were sometimes
16 blocked at the beginning of vitellogenesis; the duration of cycles was highly
17 variable, some females underwent rapid regression, whereas other stayed at EV
18 for several weeks. In grass carp, natural spawning occurs from 17.5 to 20°C, but
19 optimal temperature for artificial reproduction seems to be 23-26°C (Bardach et
20 al., 1972). This species originates in temperate areas (23 to 50°N), with annual
21 photoperiod variations of 3 to 8 hours. Côte d'Ivoire climatic conditions must be
22 near the upper thermal limit for reproduction (mean pond temperature between 26
23 and 31°C) and photoperiodic variations are very weak (less than 30 min). This
24 could explain some of sexual cycle singularities observed in our study. Gonadal
25 development of feral grass carp occurs in spring, under conditions of increasing
26 photoperiod and temperature (Gorbach, 1972 in Shireman and Smith, 1983), and

1 spawning from March to July, according to thermal regime (Shireman and Smith,
2 1983). There don't seem to be a refractory period in Côte d'Ivoire, although it is
3 often observed with this kind of sexual development. Two types of gonadotropins
4 (FSH-like and LH-like) have been found in many fish species (Quérat, 1995),
5 including cyprinids (Van der Kraak et al. (1992) in common carp, Yoshiura et al.
6 (1997) in goldfish). In some species (like rainbow trout, Breton et al., 1998)
7 vitellogenesis is under control of FSH whereas LH mainly controls final
8 maturation and ovulation. In cyprinids, although no plasma FSH assay is available
9 for the moment, their properties (Van der Kraak et al., 1992) and transcription
10 profiles (Sohn et al., 1999) seem less clearly distinct. The lack of FSH assay
11 precludes any complete hypothesis on the phenomena observed. Vitellogenesis
12 interruption observed in some females was correlated with E2 and vitellogenin
13 deficits. This could result from either gonadotropin depletion, loss of ovarian
14 responsiveness to gonadotropin or inhibition of ovarian oestradiol synthesis
15 capacities. High temperatures seem to increase gonadotropin (GtH) levels in
16 goldfish (Gillet et al., 1977, 1981, Razani et al., 1988), but induce gonadal
17 regression in this species at the beginning of vitellogenesis (Gillet et al., 1977,
18 1981, Razani and Hanyu, 1986, Razani et al., 1988). In Gobio gobio raised under
19 constant conditions of temperature and photoperiod (20°C, 12L:12D) Kestemont
20 (1990) observes a decrease in gonadotropin content. In common carp, Manning
21 and Kime (1984) show a high variability between individuals, even at the same
22 ovarian stage, concerning steroid production at different temperatures. However,
23 they observe a lower oestradiol production for stage 3 (BV) at 32°C compared to
24 24 or 29°C. For the other stages, no effect of temperature on E2 production is
25 noticed. At 24°C there is a correlation between plasmatic E2 level and ovarian in

1 vitro E2 secretion. Without FSH assay, it was impossible to precise the blocking
2 stage.

3 The duration of female sexual cycles is highly variable. Kestemont (1990) report
4 the same observation about Gobio gobio. Under constant temperature and
5 photoperiod conditions (20°C, 12L:12D), gonad development is variable: some
6 females accumulate yolk vesicles (but exhibit oocytes smaller than control), other
7 regress. This is associated with a lower gonadotropin content. In goldfish, high
8 temperatures rise GTH levels, but sometimes decrease Gonado-somatic index
9 (GSI), perhaps by suppression of GTH daily cycles (Gillet et al., 1981), an
10 hypothesis also evoked by Hontela and Peter (1978). The combination of high
11 temperature and short photoperiod (25°C, 9L:15D) also cause ovary regression in
12 *Notemigonus chrysoleucas* (de Vlaming, 1975). These conditions could explain
13 the rapid regression of some females. However, some other stayed at EV stages
14 and responsive to spawning induction for several weeks, whereas the responsive
15 period in temperate hatcheries is very short (less than 2 weeks, Okoniewski, pers.
16 comm.).

17 At the broodstock level, the main characteristics observed are the low rate of
18 females completing vitellogenesis and the unsynchronisation of sexual cycles. In
19 feral grass carp, there is a defined spawning season (Shireman and Smith, 1983)
20 depending on temperature conditions. Even in Egypt, where temperature (13 to
21 29°C) and photoperiod seasonality is less marked than in their natural area (but
22 yet far more marked than in Côte d'Ivoire), introduced grass carp exhibits a
23 marked spawning season (April-June) (Zonneveld, 1984). Davies and Hanyu
24 (1986) observe at high temperature (24°C) and short photoperiod (12L12D,
25 inferior to the "critical" photoperiod for cyprinids they set at 13-14 hours) that
26 common carp ovulations are less simultaneous and more partial than under

1 16L:8D. The constant high temperatures and "short" photoperiod were most
2 probably responsible for the unsynchronisation of sexual cycles in Côte d'Ivoire.

3 **5 Conclusion**

4 Grass carp oogenesis was possible in earthen ponds under tropical conditions, but
5 it was interrupted at the migrating germinal vesicle stage, what precludes any
6 natural reproduction. Moreover, female individual cycles displayed atypical
7 features in these conditions: the rate of females achieving complete vitellogenesis
8 was quite low (less than 40% most of the year); the duration of cycles was highly
9 variable; cycles were sometimes blocked at the beginning of vitellogenesis;
10 atypical oocytes were observed in some females at the end of vitellogenesis. The
11 low rate of post-vitellogenic females is a handicap for small-scale hatcheries: it
12 requires a large stock of broodfish to find some responsive females for artificial
13 reproduction. The unsynchronisation of sexual cycles rises the same problem, and
14 requires frequent checkings of ovarian stage by intraovarian biopsies. However,
15 this may also be an advantage in order to produce fry all the year round, provided
16 post-vitellogenic females are responsive to induction whatever the season. It
17 remains to be seen whether appropriate raising practices (other type of feeding,
18 lower density...) could ensure higher maturity rates.

19 **Acknowledgements.** This study was part of a collaborative program between
20 APDRA-CI (Association Pisciculture et Développement Rural en Afrique
21 tropicale humide – Côte d'Ivoire, Daloa, Côte d'Ivoire) and INRA, financed by the
22 French Ministry of Foreign Affairs. It was conducted in the experimental
23 structures of APDRA-CI and with assistance of its technical staff. Chantal Cauty,
24 at INRA-SCRIBE, provided valuable assistance in histology.

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Oocyte stage	Phase	Characteristics	Oocyte diameter (µm)
II (previtellogenesis)			40-200
III (vitellogenesis)	5	Beginning of cytoplasm vacuolisation	200-400
	6	Continuation of vacuole formation	400-500
	7	Intense accumulation of yolk granules	500-700
	8	Oocyte filled with yolk	700-1300

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Table 1: Determination of grass carp oocyte stages according to Makeyeva and

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Yemel'yanova (1989) with the associated oocyte diameters.

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Country	Ovarian stage ¹	Vg ($\mu\text{g/ml}$) ²	E2 (ng/ml) ²	T (ng/ml) ²
Côte d'Ivoire	PreVTG <i>n=33</i>	7 ± 13^a	0.4 ± 0.3^a	1.4 ± 0.5^a
	Beginning of VTG (blocked) <i>n=17</i>	27 ± 28^a	0.5 ± 0.4^a	1.7 ± 0.6^{ab}
	Beginning of VTG (normal) <i>n=11</i>	223 ± 231^b	1.4 ± 1^b	2 ± 0.7^{abc}
	End of VTG <i>n=70</i>	742 ± 224^c	1.7 ± 1.1^b	3.6 ± 2.4^c
	Overripe <i>n=9</i>	778 ± 251^c	1.6 ± 1^b	2.1 ± 0.7^{abc}
Poland	End of VTG (24°C) <i>n=16</i>	522 ± 123^d	0.7 ± 0.5^a	2.4 ± 1.6^{abc}
	End of VTG (28°C) <i>n=14</i>	594 ± 213^d	0.6 ± 0.7^a	3.4 ± 1^{bc}

3 ¹ VTG: vitellogenesis4 ² Same superscript indicates non-significant difference.

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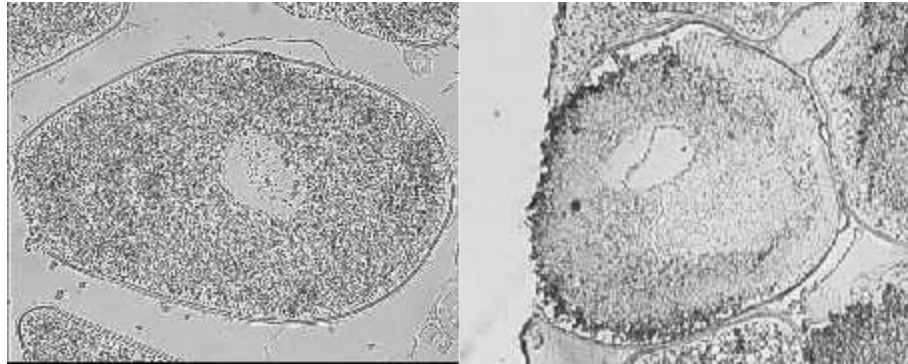
7 Table 2: Plasma characteristics of female grass carp in relation to ovarian stage, in

8 Côte d'Ivoire and Poland.

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9 Figure 1: Normal (left) and atypic (right) grass carp oocytes after
10 immunohistochemistry with anti-vitellogenin antibody.

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